



# kansas state collegian

K-State men take on the Huskers page 4

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wednesday, february 23, 2011

vol. 116 | no. 103



Tomorrow:  
High: 34 F  
Low: 24 F



Friday:  
High: 36 F  
Low: 20 F

03

K-State Pride  
College spirit leads better sense of community check it out on the Opinion page.

05

Controlled Activity  
Read today's Edge page for some tips on different birth control methods.

08

Cozy-Ville  
Cozy Inn expected to debut in Aggierville on April 1. No foolin'.

## NOBODY'S PERFECT

Eating Disorder Awareness Week helps fight body image issues

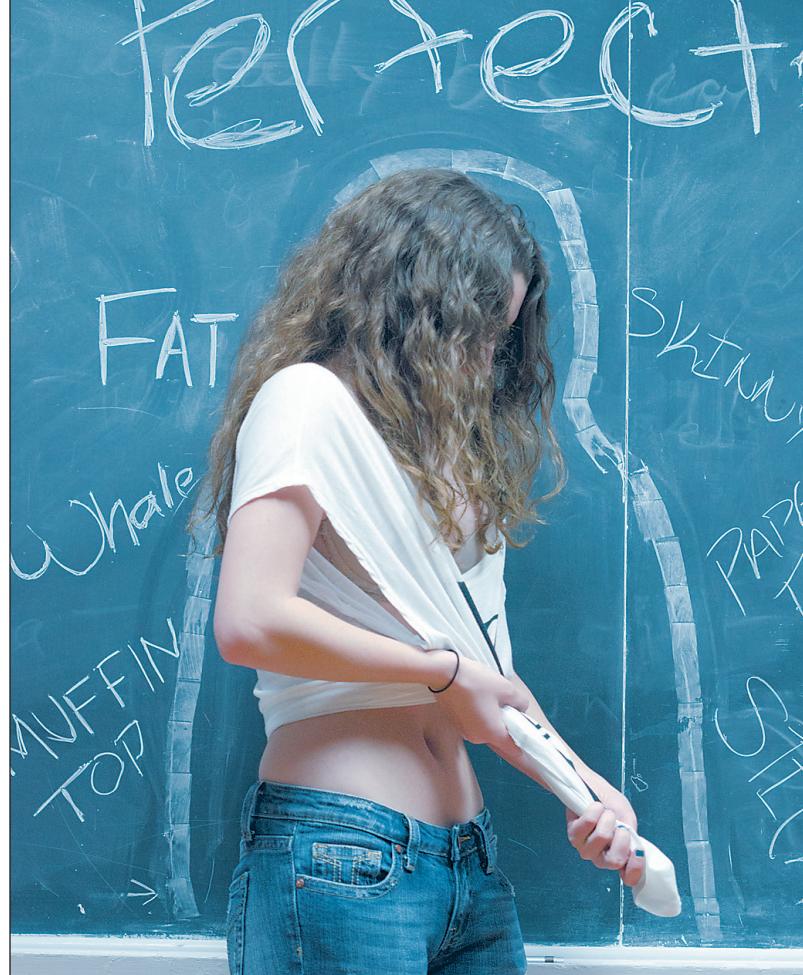


Photo Illustration by Jennifer Heeke | Collegian

10 million women in the U.S. suffer from an eating disorder. Eating disorder could mean any struggles with weight or food.

### Millions of people suffer from eating disorders

Kelsey Castanon  
edge editor

In a world where "perfection" is highly emphasized by the media, the desire for the perfect body has grown into a increasing national problem. Negative body image contributes to two major health issues in the United States: under and overeating. Both issues are equally life threatening; however, it seems as though the large quantity of anorexia and bulimia cases are often overlooked or not talked about and, in comparison to obesity, are harder to distinguish.

According to the National Eating Disorders Association, 10 million women in the U.S. suffer from eating disorders. But the obsession for the "perfect body" does not stop with women. It was also reported that 1 million men suffer as well. February 21 marked the beginning of the annual Eating Disorders Awareness Week - a national movement intended to halt the media and individuals' unrealistic ideas of perfection.

The NEDA classifies an eating disorder as any struggle surrounding weight and food issues, including anorexia, bulimia and binge eating. This week, multiple K-State organizations are participating in the fight against eating disorders by promoting a positive, healthy body image.

Peer educators of the student organization Sensible

Nutrition And body image Choices, or SNAC, are hosting this year's EDAW. SNAC is hosting a series of events to further explore the issue of eating disorders, encourage a healthy body image and build a support group.

Beth Troutt, senior in dietics and co-chair of EDAW, said the awareness week is intended to assemble a support group for those who are struggling. She added that "strength in numbers" could help combat the issue and get the word out that other individuals might be feeling similarly.

The newfound freedom of a college setting could stem societal pressure on students. In fact, according to NEDA, 91 percent of women surveyed on a college campus tried to control their weight by dieting.

"(Eating disorders are) always an issue," Troutt said. "I think the college atmosphere and adolescence adds pressure. Looking good and dating are big things."

While a university setting could play a crucial role to the development of an eating disorder, Troutt said there other aspects of society to consider other than environmental factors.

"We have an unhealthy obsession with beauty; it is an unattainable and unrealistic view," she said. "Media, TV, advertisements are huge factors. It starts with environment, then the obsession (over food and body image) grows from the media."

Social contributors are everywhere - on TV, in magazines and online, to name a few - however Hollywood does

not serve as a realistic model for a healthy body image. Recognizing the constant pressure society plays in the damage of self-esteem could be important, but understanding the unrealistic expectations media has instilled in society's mind is equally important.

According to NEDA, the average American woman is around 5 feet 4 inches and weighs approximately 140 pounds. That's far from the "ideal" size 0 - even without factoring in the mathematics. That said, the association also reported that most fashion models comprise only 2 percent of America's women. For such a small percentage of the population, there is quite the negative impact.

"The model ratio is crazy," Troutt said.

But women aren't the only ones affected negatively by unrealistic standards created by the media.

"Guys can also be affected because they want the perfect body, too," Troutt said. "So guys will try to get bigger, while women will try to get thinner."

Unlike the other rising public health problem of obesity, many individuals find it hard to distinguish a dieter from a food-obsessed individual.

"It's scary to think about if I would realize if someone I was close to had an eating disorder," said Brooke Kueser, junior in English. "I think I would notice, but I guess I have never had to question it. I hope it would."

IMAGE | pg. 8

## Society aims to save

Riley County Humane Society provides safety net for needy four-legged animals

Sam Diederich  
news editor

Volunteers at the Riley County Humane Society prefer not to talk about money. Ask them about their finances and funding, and they will deflect the question by drawing attention to their dedicated force of foster homes and volunteers.

"We are strictly all volunteers," said Patricia Elliott, president of the Humane Society. "We have a network of foster homes, and these people apply for a state license and the state authorizes them to house a certain number of animals. They provide animals with the home and the love they need."

When asked again about

how their service is funded, volunteers will probably tell another story about a devoted foster who has transformed a pet from surly to sociable.

"We get dogs that have shown aggression in the past, and we will get them with a good foster home and they will run and play," Elliott said. "They are a totally different animal. Shelters don't have time or the staff to deal with that kind of thing."

Those who continue to persist with questioning about the organization's finances are given an abridged history of the society's start in Riley County.

"We have been in existence for 35 years, and it started with a small group of people who had an interest in taking care of the homeless animals," Elliott said. "We have extended that to taking animals from the local shelter that are at risk of being euthanized. We will take

HUMANE | pg. 8

## Edwards and Liberty want to change the world

Candidates approach SGA campaign with humor, fresh ideas

Sam Diederich  
news editor

The voting ballot for student body president and vice president became a little more crowded on February 18 when Alex Edwards, senior in mass communications, and Quintin Liberty, junior in nuclear engineering, officially filed for the upcoming student government election.

"I decided to run during our normal Friday night truth-or-dare game after a couple Mike's Hard Lemonades," Edwards said. "I was dared to run for student body president. I chickened out at first, but then Danny Unruh double dog dared me."

Edwards and Liberty said they are running on an ever-changing platform, but as of Tuesday, they expressed a strong interest in expanding



Anthony Drath | Collegian

Alex Edwards (left), senior in mass communications and Quintin Liberty (right), junior in nuclear engineering, are running for student body president and vice president. They want to start a K-State space program and replace the President's Residence with a "mega moon bounce mania mansion."

the reach of K-State's impact.

"We think K-State should have a space program. We want to be the first university to send people to the moon. We want to call it K-S-Universe,"

Edwards said.

Liberty also announced their plan to extend the designated driving service provided by Safe Ride.

"We want Safe Ride in Ag-

gieville during the weekdays, not just the weekends, because students like to party," Liberty said.

Also included in the duo's campaign platform is a plan to replace the President's Residence on campus with a "mega moon bounce mania mansion," as well as do away with Hale Library.

"The library is for nerds. Instead, we want to install a water park complete with a wave pool," Edwards said. "That will help ease the stress of going to class."

Liberty also has a set of goals that he would like to accomplish while holding the office of vice president.

"I plan to overthrow Alex once I get into office," Liberty said. "I plan to lure him into my office with cookies and milk and challenge him for his presidency over a game of 'Smash Brothers' on N-64."

"That's a terrible plan," Edwards rebutted. "I've never said no to cookies, but that's

ELECTION | pg. 8

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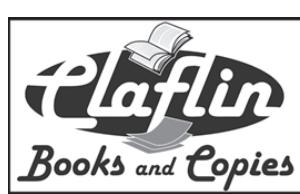
Submission deadline is March 18, 2011

Applications can be picked up in the Director's Office on the 2nd floor of the K-State Student Union.

Applications must be completed and returned to the Director's Office by 5:00 p.m. March 18, 2011.

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- 1 Writer Kingsley
- 5 Hot tub
- 8 Adam and Eve's son
- 12 Dog owner's chore
- 13 Work unit
- 14 Burning heap
- 15 High score in darts
- 17 Ogler's look
- 18 Apportion
- 19 Kitchen rack fillers
- 21 "Memory" musical
- 24 Greek vowel
- 25 Hoist
- 28 Beams of light
- 30 Agree silently
- 33 — Khan
- 34 "Likewise"
- 35 Rotation duration
- 36 Thither
- 37 Fine
- 38 Information unit
- 39 "— Kapital"
- 41 Christmas refrain

**DOWN**

- 43 Father Time's prop
- 46 Festive parties
- 50 Exile isle
- 51 "Who Wants to Be a Millionaire" lifeline chart
- 54 Gridiron terminus
- 55 Bikini half
- 56 Great Lake
- 57 Shrek is one
- 58 Stitch
- 59 Time-table, for short
- 10 Genealogy chart
- 11 "Mamma Mia" group
- 16 Depot (Abbr.)
- 20 Mexican money
- 22 "Star —"
- 23 Beelzebub
- 25 Funny Leno
- 26 Back when
- 27 Wonka creation
- 29 Vacillate
- 31 Feedbag morsel
- 32 Coloring agent
- 34 Slamdance
- 38 Trumpet sounds
- 40 "— of Two Cities"
- 42 Early bird?
- 43 Lily variety
- 44 Stop up
- 45 Recedes
- 47 Caprice
- 48 "... baked in —"
- 49 Molt
- 52 Exist
- 53 Uncivilized

**Solution time: 21 mins.**

Yesterday's answer 2-23



## Logan's Run | By Erin Logan



## kansas state collegian

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The Collegian welcomes your letters to the editor. They can be submitted by e-mail to [letters@spub.ksu.edu](mailto:letters@spub.ksu.edu), or in person to Kedzie 116. Include your full name, year in school and major. Letters should be limited to 350 words. All submitted letters may be edited for length and clarity.

### CORRECTIONS

If you see something that should be corrected or clarified, please call our editor-in-chief, Tim Schrag, at 785-532-6556, or e-mail him at [news@spub.ksu.edu](mailto:news@spub.ksu.edu).

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### 2-23

### CRYPTOQUIP

M L A A F M J G P N I N H R Z F F K J M

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N Z K Q C M Q N Y Z Q N H L Z Q , K J P R H

O F L M N O J H ' M F Y H F - A J Q C ?

**Yesterday's Cryptoquip: IF A GREEN LIQUEUR IS ALL SOME FOLKS THINK ABOUT, I'D SAY THEY MIGHT BE QUITE ABSINTHE-MINDED.**

Today's Cryptoquip Clue: H equals T

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### LETTER TO THE EDITOR

**SGA talks rec complex, tuition in near future**

Fellow students, SGA has been keeping busy these past few weeks and there are several ways you can get involved too.

Are you looking for something to do this Thursday? Head to the Cat's Pause Lounge in the Union for International Day. I'm very excited to meet with several students while we all enjoy coffee and tea from 12 p.m. to 1 p.m. This is a great networking opportunity for all students here at K-State.

We continue to make advancements in the Rec expansion and tuition strategies committees. They both are still meeting on a regular basis. We are currently in the process of selecting interior design elements for the Rec Complex. The tuition strategies committee is working to release a tuition recommendation in the coming weeks.

Finally, last Monday was a great success. As always, I was proud to be part of the best crowd in the Big 12 to cheer on the Wildcats as we defeated the Jayhawks. Thanks for your cooperation as we tried out a new system to get students into Bramlage. We are looking for feedback on the KU lineup process. If you participated in the lineup and have any comments or suggestions please feel free to e-mail me at [dunruh2@k-state.edu](mailto:dunruh2@k-state.edu).

If you are interested in gaining any information about K-State SGA check out SGA Hears You Week. Events are happening all this week and information can be gathered during the lunch hour in the Union. Thanks to the participants and volunteers for the week.

Have a wonderful week, Wildcats.

**Danny Unruh**  
SGA President

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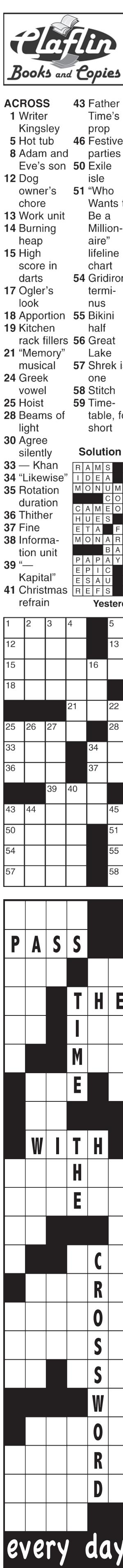
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# K-STATE PRIDE

## College sports bring K-State student community together



Jillian Aramowicz

There are many ways to gain camaraderie with a specific group of people. You can join a club or find a church home or get involved with community service. Students have endless opportunities to be involved in their local culture, but I think that one of the strongest bonds young people can share with each other is through organized sports.

Many critics argue that college

sports take up too much time, money and cause students to lose focus in their courses, but being a strong advocate of athletics myself, I think that attending sporting events and cheering for K-State is one of the best ways students can find unity amongst each other.

As a college student, I love football and basketball seasons at K-State and not just because it's a good excuse to hang out with friends or tailgate all day.

The sheer amount of people that come out to support one common goal during major athletic events is incredible and the energy and enthusiasm of everyone rooting for the same thing is truly amazing. Joining a club or a community event is great, but at some level, those organizations are relatively small. A handful of people hang out together all sharing a common interest, like karate, or advertising, or

painting. But when you attend a football, basketball, or any other type of athletic event at K-State, thousands of people have abandoned any prior difference or prejudice to be together to support their university. No one cares who you are. People who previously may dislike someone because they're labeled them as a sorority girl, a frat boy, a hipster, a jock, a cowboy, or a prep are all in one place at one time wearing purple because they care about their team and they care about their school.

The way we interact as a group has psychological roots. I asked Megan Strain, graduate student in psychology and president of the Graduate Association of Psychology Students, what type of mentality is occurring when thousands of people root for their team together.

"The simple answer here is that in general, people are social creatures. For the most part, we like being with others and we like others who are similar to us," said Strain. "If a group of people has a liking for a particular team, it becomes something they have in common, so aside from just having a fun activity to do together, it's something that they agree on."

For a game of football or two halves of basketball, our social fabric is intertwined with everyone else's and although everyone is screaming and cheering like a group of wild banshees, being at sporting event may be one of the rare times when we are the most civil towards each other.

Pat Bosco, vice president of student life and dean of students, describes the effect of seeing K-Staters attending sporting events as chilling.

"I am in awe when I see how

students react at games," said Dr. Bosco. "It is what attracted me to K-State in the sixties. This business of wearing school colors everyday doesn't happen anywhere else in the country. It's tradition and it's very unique and special."

Being a part of something so inspiring to the leaders of this university is something that every student doing the Wabash and singing the fight song can be proud of.

"It is awesome hearing our students cheer," said Kirk Schulz, president of K-State. "I have been on the field during a football game and seeing the students doing the 'Wabash Cannonball' is one of my most memorable experiences."

People who complain about people putting too much emphasis on sports have clearly never witnessed the unifying force of athletics and team spirit. It is not just the president or the dean of students that appreciate the fandom, either.

"I personally feel a boost of confidence and the desire to go all out when I hear the crowd cheering my name and for our team because, as a whole, you never want to let them down," said Daniel Thomas, Kansas State's 2009-2010 star running back.

In the end, President Schulz sums it up best. "At a basketball or baseball game, it is not important what you are majoring in or whether you are a freshman or a senior- everyone is there together to support K-State." The effects of our athletic purple pride run deep and the unity it brings to the school is strong. That in itself is definitely worth cheering for.

Jillian Aramowicz is a junior in advertising. Please send comments to [opinion@spub.ksu.edu](mailto:opinion@spub.ksu.edu).



## Education, innovation keys to sparking economic recovery



Andy Rao

In an inspired effort on Monday to reach out to corporate America, President Obama addressed the U.S. Chamber of Commerce, a group that has fiercely opposed many of the administration's key policies, like the healthcare reform bill and the nonextension of the Bush administration's pro-business tax cuts.

While a portion of the speech was political save-face, Obama made several points that are key to the resurrection of the U.S. economy,

the two most important being a renewed investment in the American education system and providing more incentives for research to bring about innovation.

American businesses have turned to outsourcing jobs as a method of cutting costs and maximizing profits, and we have long become an import nation — one that relies on countries like China, Japan and India — to meet our ravenous consumer appetites.

This mindset will not sustain us for much longer, and the effects have already been apparent; a high unemployment rate, rising prices, increased levels of poverty, and an overall regression in the standard of living for many Americans.

It is absolutely essential that the government helps facilitate

innovation. Encouraging more research in technology and energy fields can allow businesses to enter brand new markets and operate more efficiently. For any successful economic structure, there must be goods and services that the general population can not only purchase, but also use skills acquired to produce.

The U.S. faced a similar recession in the 1980s when Presidents Reagan and Bush were in office. The situation was very similar to today; uncontrolled inflation and unemployment exposed a failing economy. The savior was an innovation most of us now cannot go a day without: the Internet.

The president insisted this was possible again, as he reiterated the philosophy of self

sustenance in his speech.

"We need an economy that's based not on what we consume and borrow from other nations, but what we make and sell around the world," he said.

Before new markets are opened, however, it is important that the workforce has the necessary skills and training to take on the challenge.

Education could very well be the most important factor in a nation's economic success and is a big component of strengthening America's work force. Why? Because in today's global markets, the U.S. is competing with bright minds all over the world, and the numbers suggest we are lagging behind in almost every measurable category, especially in science and mathematics.

In 2007, the Programme for International Student Assessment studied the world's 30 richest countries to gauge competitiveness between nations with similar resources.

To the surprise of many, the U.S. ranked 16 and 23 in science and math respectively, a number not nearly to the standard that must be achieved to bring about homegrown innovation.

The president's call for investment in education and technology research is well grounded. In order to stimulate the economy, we must build, create and lead the world into new markets. Economics is no longer a state or national entity.

The marketplace is global, and to compete, our businesses, firms and factories must be one step ahead of the world.

The employment rate is tied to economic conditions, and economic conditions are tied

to what we have to offer in the world economy. If we have no products, services or even ideas to contribute, the value of the American economy will plummet, and the same downward trend will continue.

More importantly, perhaps, the cycle will continue if we do not arm Americans with the ability to innovate. Providing quality education will enable the capacity to think, build, create, and lead the world.

In his speech, Obama urged America to "out-innovate, out-educate and out-build our competitors."

No matter how you feel about his policies, his platform or his personality, you have to admit the man's got a point.

Andy Rao is a freshman in marketing. Please send comments to [opinion@spub.ksu.edu](mailto:opinion@spub.ksu.edu).

**Celebrations!**  
Births, engagements, weddings, anniversaries and retirements of K-State.

Celebrations! will be published the 1st Monday of the following months: Sept., Oct., Nov., Dec., Feb., Mar., Apr. and May.

To submit your FREE Celebration! go to: [kstatecollegian.com/celebrations](http://kstatecollegian.com/celebrations) or call 785-532-6560

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## k-stateevening | spring 2011

March 14 - May 6, 2011 8-week term

MONDAY/WEDNESDAY	History of the United States Since 1877	Europe Since World War II	Introduction to Women's Studies
Arabic II ARAB 182 15272 5:30-8:30 p.m.	HIST 252 16232 8:05-10:30 p.m.	HIST 574 16072 5:30-7:55 p.m.	WOMST 105 15278 5:30-7:55 p.m.
Public Speaking I COMM 106 15845 5:30-7:55 p.m.	College Algebra MATH 100 15510 5:30-7:55 p.m.	General Calculus and Linear Algebra MATH 205 15120 5:30-7:55 p.m.	
Public Speaking II COMM 321 15843 8:05-10:30 p.m.	The Psychology of Power PSYCH 599 16049 5:30-7:55 p.m.	Introduction to Moral Philosophy PHILO 130 16243 5:30-7:55 p.m.	
Feminist Practice/ Applied Non-Violence DAS 590 15861 5:30-7:55 p.m.	Police and Society SOCIO 362 16210 5:30-7:55 p.m.	United States Politics POLSC 325 15348 5:30-7:55 p.m.	Introduction to Microcomputer Spreadsheet Applications CIS 102 15137 5:30-7:55 p.m. TU 8:30-10:30 a.m. Sat. March 15-April 2
Intermediate Microeconomics ECON 520 15816 5:30-7:55 p.m.	Fld/Women's Studies WOMST 590 15953 5:30-7:55 p.m.	General Psychology PSYCH 110 15996 5:30-7:55 p.m.	Introduction to Microcomputer Database Applications CIS 103 15139 5:30-7:55 p.m. TU 8:30-10:30 a.m. Sat. April 5-14
Intermediate Microeconomics ECON 520 15816 5:30-7:55 p.m.	Police and Society SOCIO 362 16210 5:30-7:55 p.m.	General Psychology PSYCH 110 15996 5:30-7:55 p.m.	Introduction to Microcomputer Database Applications CIS 103 15139 5:30-7:55 p.m. TU 8:30-10:30 a.m. Sat. April 5-14
Expository Writing II ENGL 200 15819 5:30-7:55 p.m.	Accounting for Investing and Financing ACCTG 241 15186 5:30-7:55 p.m.	Introduction to Sociology SOCIO 211 16207 5:30-7:55 p.m.	Introduction to Microcomputer Database Applications CIS 103 15139 5:30-7:55 p.m. TU 8:30-10:30 a.m. Sat. April 16-26
Earth through Time GEOL 102 15821 5:30-7:55 p.m.	Intermediate Macroeconomics ECON 510 15814 5:30-7:55 p.m.	Introduction to Social Interaction SOCIO 450 16208 5:30-7:55 p.m.	Introduction to Microcomputer Word Processing Applications CIS 104 15140 5:30-7:55 p.m. TU 8:30-10:30 a.m. Sat. April 28-May 7

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## Midweek Musings



Justin Nutter

It took longer than most of us would have liked, but it looks like Jacob Pullen won't have to worry about not playing in the NIT. After pushing their Big 12 Conference record to 6-6 and earning a win over top-ranked University of Kansas, the Wildcats' chances of making the Big Dance are looking pretty solid right now.

That's not to imply that K-State's ticket has already been punched; not by any means. But, most of the Wildcats' remaining games look extremely winnable. If they can take care of business down the stretch and pick up a couple more wins in the conference tournament, this could be a pretty enjoyable march for their purple-clad fans.

Despite the way the rest of the season has unfolded, it looks as though a first-round bye could still be in the picture for K-State. Winning three of their last four games would put the Wildcats at 9-7 in the league standings. That should be good enough for a fourth-place finish. It's not exactly the first-place finish that so many expected out of this team, but it's still impressive, given the circumstances.

Also worth noting: the Big 12 Tournament was right when K-State started to get hot last season. After seeing what the Wildcats did to the Jayhawks on Feb. 14, there's no reason to think they couldn't play themselves into the tournament final this time around.

Barring a tournament championship, don't expect K-State to be seeded any higher than seventh when the tournament brackets are revealed. That's probably even a little generous. Joe Lunardi's latest Bracketology has the Wildcats playing as a nine-seed, which is probably about where they'll end up. Long story short: if K-State wants to repeat last year's tournament run, it will likely have to do so as an underdog.

Speaking of underdogs, the Wildcat women's basketball team is suddenly 8-4 in conference play. Considering this same team won just five league games a year ago, the turnaround has been nothing short of remarkable. However, there's still some work to do if K-State wants an invitation to the NCAA Tournament.

The Wildcats are currently considered a bubble team by several sports media outlets. With games against No. 3 Baylor, No. 5 Texas A&M and No. 25 Iowa State still on the schedule, they could boost their tournament resumes in a big way over the next couple weeks. Regardless of what happens down the stretch, a postseason appearance is very much in the cards for K-State.

It's been quite a fun ride covering Deb Patterson's squad in 2010-11. But, as improved as the team has looked this season, I can only imagine how dangerous it will be a year from now. With all five starters and nearly every reserve returning next season, look for this team to be a force in the Big 12.

**Justin Nutter was a December graduate with a bachelor's degree in journalism and mass communications. Please send comments to sports@spub.ksu.edu.**

# GOOD RIDDANCE

## Wildcats face Huskers for last time in Big 12



Jennifer Heeke | Collegian

Sophomore guard, **Rodney McGruder**, drives down the court in the game against Nebraska on Feb. 2 in Bramlage Coliseum. The Wildcats face the Huskers tonight in Lincoln.

**Ashley Dunkak**  
sports editor

How difficult will it be for the Wildcats to get a win over Nebraska when the teams play in Lincoln? According to head coach Frank Martin, it will be much harder than it was when the Huskers visited Manhattan on Feb. 2, when K-State defeated its opponent 69-53.

"We were fortunate the first time around," Martin said. "We played good offense and turned them over. I can promise you that turnover stuff's not happening on Wednesday."

At 8 p.m., K-State (18-9, 6-6 Big 12) and Nebraska (18-8, 6-6 Big 12) will battle for a higher seed in the NCAA tournament, as both schools currently hold .500 records in the conference. Also, this 219th meeting of the teams will be the last, since Nebraska is leaving the Big 12 after this season.

"I expect to get their best shot of the year when we go up on Wednesday," Martin said.

In 18 games at Bob Devaney Sports Center this season, the Huskers have been defeated there only once, and that loss came at the hands of Kansas, who has a

pretty decent team this year and - oh, yeah - is ranked No. 2 in the country. Nebraska has put down some of the best teams in the conference - including then-No. 2 Texas and then-No. 11 Texas A&M - while playing on its home court.

Leading the charge for Nebraska are senior guard Lance Jeter, who averages 10.8 points per game and 4.5 assists per game, and sophomore center Jorge Brian Diaz with 10.4 points per game and 4.4 rebounds per game.

The Huskers are notorious for slowing down games. By preventing opponents from running the floor and getting baskets in transition, Nebraska forces the other team to run a set offense against a set defense.

"You get in the open floor and put people on their heels a little bit, and it gives you clean opportunities as far as shots," Martin said. "(If) you've got to go against a set defense, you can play against a 2-3 zone, against our kind of defense, their kind of defense - it's hard to score against a set defense."

Martin has a great amount of respect for Nebraska head coach Doc Sadler. What he admires most about his Huskers counterpart is

### Player to Watch:

#### Andre Almeida

At 6-feet-11-inches and 315 pounds, Nebraska's junior center has the potential to make an impact as big as he is when the Wildcats play on the Huskers' home court today. The last time the Wildcats played this team, Almeida had to sit because of an ankle injury. Here's K-State head coach Frank Martin's take on the problems this player could pose for the Wildcats on Wednesday.

#### Problem:

"He's a huge presence at the rim. He passes the heck out of the ball, got great hands, and then offensively, he's too damn big. You've got to play him a little differently than you play most people because he's so big ... You cheat, or you get caught above him, he's too big, you'll never get back around him. You get behind him, he's too big, you'll never get around him the other way."

#### Solution:

"Our perimeter defense has to be phenomenal to keep the ball as far away from passing angles as possible."

the belief and confidence he instills in the players on his team. Sadler does not sit around and cry about what he doesn't have, as Martin puts it; instead, he maximizes what he does have, and that is what makes him so good as a coach.

"He gets his players to believe, and they play that way," Martin

said. "Last year he got beat up a little bit publicly, and it's unfortunate, unfortunate that happened. I think you're seeing the other side of the coin this year, where he's playing with the same set of guys that were all freshman and first-year guys last year, with a year under their belt now, how much better they can be."

## Women eye upset in Waco

**Paul Harris**  
senior staff writer

The K-State women's basketball team secured its 800th victory in the program's history against Nebraska on Saturday, but No. 801 might be a bit more difficult.

K-State will travel south to take on the Baylor Bears tonight at 7 p.m. in Waco, Texas. Baylor is coming off its second loss of the season to Texas Tech. The Bears' only other loss came by a point against the defending national champion University of Connecticut Huskies.

Sophomore guard Brittney Chambers and junior forward Jalana Childs scored 54 of K-State's 69 points against the Huskers previously. Chambers led the way with a career-high 32 points. It will likely take another career night from the sophomore for the Wildcats to have any chance of upsetting the Bears.

Childs has been a force for the last two weeks for K-State and head coach Deb Patterson. Patterson has lauded her as a future WNBA player. But she will have her toughest match-up of the season tonight.

Baylor is led by sophomore center Brittney Griner. Griner is one of the nation's best players. She stands at 6 feet, 8 inches tall - a full 6 inches taller than Childs. The Houston native averages nearly five blocks per game. The lanky youngster is more than a defensive presence for the Bears. Griner uses her size to her advantage on the offensive end too. She leads the Bears in scoring at 22 points per game and also grabs eight rebounds per contest.

Freshman guard Odyssey Sims is the team's second-leading scorer. Sims chips in 13 points per contest. She is also

second on the team in assists per game. Senior guard Melissa Jones knocks in nine points per game. Jones is just one of two seniors on the Bears' roster.

As indicated by its overall record, Baylor has been tough all season long. The Bears have won a multitude of their conference games by double digits. Their most lopsided victory to date was a 39-point victory at the University of Kansas. Baylor also beat Texas, the team that handed K-State its first home loss, by 28 points.

The Bears lead the conference in points per game, but also possess the conference's best defense. This contest will pit the conference's best defensive teams against each other. Although, the Wildcats score 18 points less per game than Baylor.

K-State, which relies heavily on the 3-point shot, will have its hands full against the length of Baylor. The team is the best in the conference at defending the three.

Patterson has had her fair share of struggles against Baylor. The long-time head coach is only 7-12 against the Bears and lost eight straight against Baylor head coach Kim Mulkey. Baylor boasts one of the best home-court advantages not only in the Big 12, but also in the country. Nearly 7,000 fans pack in to the Ferrell Center per game. Currently, Baylor is a perfect 17-0 at its own arena.

Although the Wildcats appear to be out-sized and overmatched, Patterson's squad have been mentally tough on the road. The Wildcats nearly won at Big 12 south foes the University of Oklahoma and Texas Tech. It will take a similar effort for the Wildcats to hand the Bears their second straight loss and first home loss.



Anthony Drath | Collegian

Senior guard, **Britney Chambers**, dribbles the ball between two Texas defenders on February 9 in Bramlage Coliseum.

# PLAYING IT SAFE



Rebecca Tincher | Collegian

Several forms of birth control such as condoms and spermicide can be purchased over the counter at many locations such as grocery and convenience stores. Other contraceptives require permission from a doctor or medical professional.

## Variety of birth control methods offers protection for all

**Kelsey Castanon**  
edge editor

**Hayley Henry**  
staff writer

In 1960, the U.S. became the first country to legally use the contraceptive pill. When Gregory Pincus first invented the birth control pill, the only method that was available was an oral pill. Today, Pincus would be astonished by the various methods and forms of his invention available.

"There are many different types out there," said Julie Gibbs, director of health promotion and nutrition counseling at Lafene Health Center. "Finding the right one for you is the key."

Among the options of birth control pills are hormonal methods, implanted

methods and permanent birth control methods, according to [womenshealth.gov](http://womenshealth.gov). While some are more effective than others, all provide better protection against pregnancy than not using anything at all.

The most common method of contraception is the birth control pill, which is 99 percent effective if taken daily; however, like all forms of contraception, the pill does not prevent against sexually transmitted diseases.

Another type of contraception is the birth control patch, which is a skin patch that is "worn on the lower abdomen, buttocks, outer arm or upper body," according to [womenshealth.gov](http://womenshealth.gov).

"The shot" is another type of contraception. It is a skin patch that is "worn on the lower abdomen, buttocks, outer arm or upper body," according to [womenshealth.gov](http://womenshealth.gov).

take a break for the fourth week to get a period.

There is also an injection form of contraceptive called Depo-Provera. Every three months, a shot is injected into the buttock or upper arm. With this process, one does not have to worry about taking a pill every single day.

According to [womenshealth.gov](http://womenshealth.gov), "the shot" should not be used more than two years in a row because it can cause a temporary loss of bone density."

NuvaRing, most known for its synchronized swimming commercial, is a vaginal ring that is insert-

ed once a month for three weeks and removed during the fourth week.

Condoms are another common form of birth control, Gibbs said. Unlike contraceptives, condoms are relatively cheap and protect against not only pregnancy, but STD's as well.

Julie Gibbs, Director of health promotion and nutrition at

STD preventers, there are also a number of less-used methods, including implantable and permanent methods of birth control.

As far as implantable methods, there is a new device called Implanon that

can be inserted in the upper arm and is effective for up to three years, according to [womenshealth.gov](http://womenshealth.gov).

A sophomore in biology who wished to remain anonymous said she had Implanon implanted in her arm two years ago.

"I didn't like it at all," she said. "I was on my period for two years straight, every single day. It was awful."

The website suggested that a side effect of this new contraceptive is irregular and unpredictable spotting and bleeding.

For those who are positive they do not want any more children, there are permanent methods that can be taken. For women, surgical sterilization prevents the eggs from going down to the uterus, where

fertilization happens. With

men, a vasectomy is a procedure that takes out the sperm from ejaculation.

"The number one way to protect yourself from STDs and pregnancy is abstinence, which means refraining from all sexual activity," Gibbs said. "This type of birth control is 100 percent effective and is very convenient."

Gibbs said both women and men are encouraged to call Lafene to make an appointment if interested in obtaining some form of birth control. The prices of birth control vary and all interested people should contact a local pharmacy for more detailed information.

"We provide confidential counseling and educational sessions prior to obtaining a desired form of birth control," Gibbs said.

### HOROSCOPES

**Libra Sept. 23 - Oct. 22**

You will make somebody smile this week and, although you will probably forget about it, they'll remember it for the rest of their life.

**Scorpio Oct. 23 - Nov. 21**

It is not your imagination. They really are out to get you. And they've brought marshmallow guns.

**Sagittarius Nov. 22 - Dec. 21**

Organization will not be your strong suit this week, so make a list of things you need to get done and set it on fire, preferably in a safe location.

**Capricorn Dec. 22 - Jan. 19**

Some idiot is going to set something of yours on fire by accident with their duty-to-do list. See Sagittarius for details.

**Aquarius Jan. 20 - Feb. 18**

Absolutely nothing exciting will happen to you this week. Go back to bed and try again next week.

**Pisces Feb. 19 - March 20**

Now is not a good time to tell your friend they have put on weight. After they give you your birthday present, proceed with caution.

-Compiled by Karen Ingram



**Aries March 21 - April 19**

You are destined to find something gross in your fridge that you don't remember ever putting in there.



**Taurus April 20 - May 20**

Road rage rears its ugly head this week. Don't forget to wear a seatbelt and keep a lucky charm hanging from your rearview mirror.



**Gemini May 21 - June 20**

You will have a sudden impulse to call an ex or some other old enemy this weekend, possibly while drunk. You don't need a horoscope to remind you this is a bad idea.



**Cancer June 21 - July 22**

What goes around comes around. That guy you didn't hold the door open for last month who had his hands full? Yeah, he's going to get even.



**Leo July 23 - Aug. 22**

Purple is just not your color, but you wear it anyway to fit in. You are doomed to be unfashionable until graduation.



**Virgo Aug. 23 - Sept. 22**

Somebody will ask you for a very unusual favor this week. Just remind yourself that, sometimes, it's best not to ask questions.

**Jessica Tracz**  
staff writer

With Spring Break just a few weeks away, Fake Patty's Day looming over the horizon, midterms coming up and Kansas weather teasing us with no end in sight, it's safe to say this time of year is particularly stressful for college students.

While the stress might seem difficult to handle at times, there are many ways to de-stress and also improve your health in the process.

There's a new fitness website, [DailyBurn.com](http://DailyBurn.com), that is rapidly gaining popularity with over a million users already. With iPhone apps, workout plans, meeting motivators and groups, the website provides a variety of ways to accommodate the need of any person looking to stay healthy and get in shape.

Kate Brown, community manager of [DailyBurn](http://DailyBurn.com) and certified fitness trainer, was able to offer specific tips for college students to help keep fit and manage stress.

Given that the typical college student is incredibly busy, many people might say they just don't have the time to exercise. Taking into account the life of a college student, Brown said high-intensity workouts are great to do in the middle of a study break. She said they require only the use of your own body weight and help reduce

stress and refocus if you're knee-deep in an intense study session.

"What you're going for is speed and to get the most bang for your buck," Brown said.

There are three particular exercises she recommended.

Body squats (as many as you can do in one minute), plank pushups and the cross body chop.

Brown also said taking 30 minutes out of your day to go for a jog with a workout buddy is more beneficial than you might think.

I know it sounds really simple, but if you just take some time for yourself and unwind and laugh with your buddy it'll really help you out,"

Kate Brown, community manager of [DailyBurn](http://DailyBurn.com)

and get in shape.

She also gave three tips for college students to remember that help cut down on stress and improve health.

"You have to get enough rest, even if you feel you don't have enough time. You have to make time, because if you don't rest, your body won't function properly," she said.

It's also important to cut down on the partying. While it might be a really big stress re-

liever at the time, it's important to keep party habits in check.

"Your life can be really miserable if you spend a significant portion of your college life hung-over," she said.

Brown added that it's easier than ever to eat healthy on the go. She said bringing along nuts and fruit is really inexpensive and helps when you are low on energy.

Brown is also an advocate of yoga, though she did point out that it's not for everyone. If you are a competitive person, sitting in

a yoga room for an hour might not be your thing. But if you enjoy relaxing properties and have the patience, then yoga is a great activity to participate in.

Diana Knox, fitness instructor at ProFitness in Manhattan, teaches a yoga class that many K-State students enroll in.

She said she has noticed a remarkable difference in her body and health since she started practicing yoga in 1998. She said positive stress can help people reach goals, for example, if you are running a race. Negative stress could affect people physically

and emotionally, and yoga is a great way to exercise and also de-stress.

"Yoga, when practiced regularly, allows us to relax as we breathe deeply. This can help us lower our blood pressure in some cases," Knox said. "It works on flexibility, balance and strength, all of which we use in our daily lives and tend to lose as we age."

Knox also said that her students say they feel more relaxed after doing yoga and are able to more effectively deal with daily stresses.

Katelyn Bradbury, sophomore in pre-physical therapy and kinesiology, has taken yoga classes in her hometown of Salina, and said she thinks yoga is a great way to relieve stress.

"The practice of yoga is centered on the individual. It allows the participants to fully focus and calm themselves while improving strength and flexibility," she said. "It's an escape of sorts and an excuse to refocus your hectic day."

K-State offers one credit hour yoga classes each semester, and [DailyBurn.com](http://DailyBurn.com) has many links and tips that can help college students stay fit and healthy while managing stress.

So before you let the weather and intensity of midterms overwhelm you, try some of these tips to make your life healthier all around.

## Fitness expert explains ways to manage stress

**Jessica Tracz**  
staff writer

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Send your questions to [edge@spub.ksu.edu](mailto:edge@spub.ksu.edu)

WEEKLY 10

Life. Love. Money. Career. Fashion. Whatever.



## Ensemble performs

Recital offers different sound, group prepares for Festival on Friday

Austin Enns  
coverage editor

Bassoonists, oboe players and French Horn players gathered in All Faiths Chapel on Tuesday night as part of a double reed ensemble. This was part of a student recital series that shows off different instrument groups in the K-State music department. Despite not being as popular as guitar or drums, a group of 13 students gathered to play their double reed instruments.

Nora Lewis, assistant professor in music and director of the ensemble, said the students are using the performance as practice for the Kansas Music Educators Association Festival on Friday. Lewis said that she used a lot of different resources to find the arrangement for the evening.

"There are a few recordings out there, and I just kind of listened to what is out there," Lewis said. "There are a couple European ensembles that have put some interesting arrangements together, and I found a couple in public domain, went to a music conference, and went through a lot of different scores."

The ensemble of thirteen people included one graduate student and six freshmen, and Lewis said the group had been practicing since the fall.

Rachel Roth, sophomore in



Kelley Tracz, sophomore in applied music, plays her oboe during a recital in All Faiths Chapel on Tuesday night.

wildlife ecology and management, said that she has been in the group for its entire two-year existence.

"When I started off as a freshman, I heard about double reed ensemble from my professor Dr. Lewis, and I really enjoy getting to play," Roth said. "We were really small last year, but it's amazing how much we grew."

Roth said that the group normally practices every Sunday, but, in preparation for the music festival and other

concerts, the group has started practicing on Thursdays as well.

The first half of the program was composed of four soloists on the double reed instruments, sometimes accompanied by a pianist. The last half involved the players performing as a group, or playing in smaller groups of four and six musicians.

Roth said that she appreciates being part of the ensemble because she likes her instrument.

"I just really enjoy playing music, especially double reeds, and it's amazing to get together with these people and just play music," Roth said.

Adam Keefe, freshman in music education, said he was required to come to the event as a major requirement, but he said that he still enjoyed the music.

"It was pretty good, I liked the last one, it was lively," Keefe said. "I just think it's a pretty strong ensemble here. It's a good concert."

## K-State Proud ends on high note, hits goal

Sam Diederich  
news editor

and journalism and K-State Proud co-chair. "I would say that it was a huge success."

During its annual campaign week, K-State Proud sold T-shirts in the K-State Student Union and at home basketball games, but Sullivan said this year's campaign attempted to reach out to students in more places.

"It was very successful. We had an incredible turn out," said Ryan Wilkerson, senior in finance and accounting and president of the K-State Student Foundation. "K-State students responded very well by raising over \$117,000 dollars for students in need."

Over the course of the week, the campaign received \$117,618 in donations. The original goal for the campaign was set at \$100,000.

According to their website, K-State Proud is a university-wide student campaign to raise money for Student Opportunity Awards, which are awarded to any student who is "in an unexpected situation that could potentially jeopardize their future."

The campaign is a year-round endeavor and is currently in its fifth year of existence on campus. Donation tallies for K-State Proud's campaign week have been steadily increasing.

"Last year they raised a little over \$98,000. This year is by far the most that has ever been raised," said Becky Sullivan, senior in agricultural communications

Though this year's campaign week just ended, Sullivan and other K-State Proud organizers are already looking toward next year.

"Next year, the advisory board will have some returning members and some new members, and they will have to set a new goal for that campaign," Sullivan said. "If I were to guess, I would guess that next year's goal would exceed \$116,000. I think people are really starting to understand what the campaign is about."

Between now and next year's campaign week, Sullivan said donations can still be made to K-State Proud.

"K-State Proud is a year-long campaign and students are encouraged to continue to donate and nominate students who could benefit from those funds because they are there for students."

## Business Career Fair attracts students, offers opportunities for all

Employers explain their goals, why students should meet with them

Austin Enns  
coverage editor

On Tuesday afternoon around 57 employers set up tables in the K-State Student Union Ballroom as part of the spring Business and Hospitality Career Fair. Students bearing name tags and wearing business suits wandered around the Ballroom looking to meet employers who fit their career goals.

Employers ranging from the Federal Reserve Bank of Kansas City, Mo. to Northwestern Mutual Financial Network, to Starwood Hotels and Resorts were all there looking for students in the college of business.

Lon Kunes, district manager for The Shewin-Williams Company, said companies want students to introduce themselves.

"Don't be afraid to walk up and introduce yourself because you don't know if a company will be a good fit until you explore it," Kunes said.

Kunes also said students can stand out to employers by showing they researched the company first, and he said students looking for a financial services company should not introduce themselves to a paint company looking for salespeople and management candidates.

Lauren Horst, senior in hotel and restaurant management, just decided Monday to attend the career fair, so she said she did not prepare as much as she should have.

"I feel like the most nerve-wracking part is walking up and introducing yourself," Horst said. "Once you're in a conversation it's not that bad."

Horst said she already had

an internship for the summer, but she has to do interviews for her major and she wanted to meet more employers.

Joy Whitney, assistant director for Career and Employment Services and liaison for the College of Business, said planning for the fair started last fall.

"I think career fairs have a tendency to be underutilized by students," Whitney said. "It's a great opportunity and employers do remember people they talk to. It's good networking, and even if students aren't looking for an internship, they should go to get as much exposure as possible."

She even suggested that students go to all the career fairs and not just the ones that are industry specific. The reason being, employers like Frito-Lay also attend more than one career fair, so a representative might recognize the student and the student will be more familiar with what the company is like.

Since many companies attend multiple fairs, preparation for the representatives can be a routine activity.

"We let the school know we're coming, they have a profile of what we're looking for and we have to gather the materials together," Kunes said. "We've been doing this awhile."

They meet many students over the course of any career fair, and students should come prepared if they want to stand out.

Enterprise Rent-A-Car set up a room with snacks where students could prepare, and recruiters from Enterprise could help them relax and tell them what to expect.

Calvin Basye, senior in hotel and restaurant management, was one of the students taking advantage of the drinks and cookies available in the waiting room. He said he has been to many career fairs.

"Through the years I've



photos by Logan M. Jones | Collegian

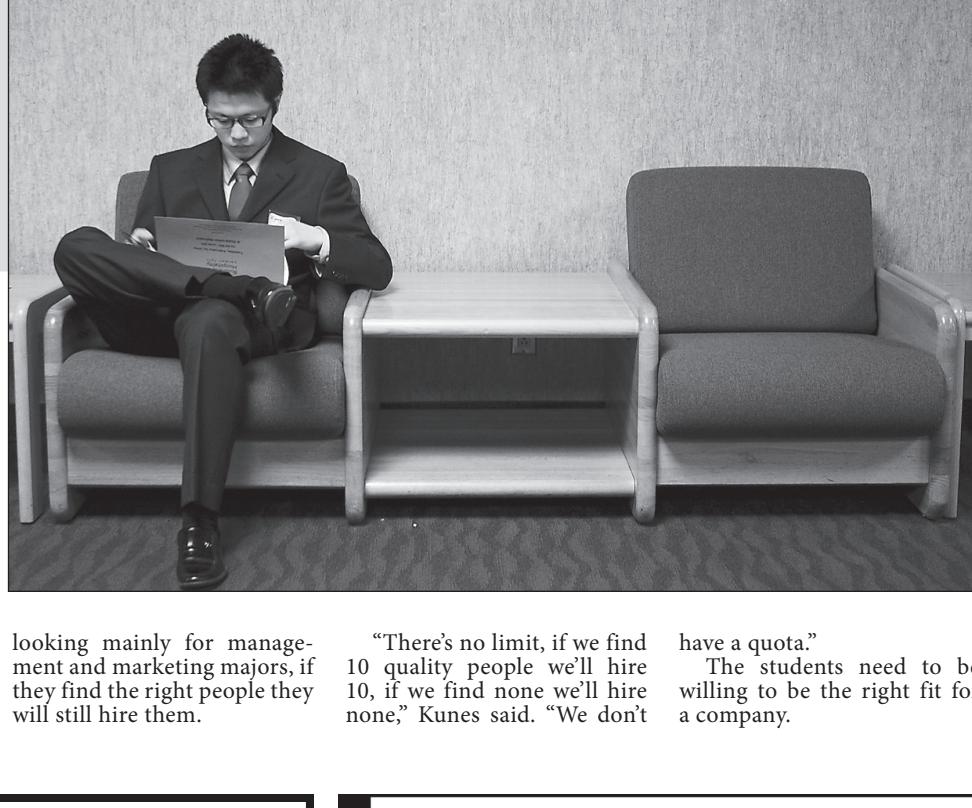
**Above:** Daniel Oder, senior in finance, talks with a representative from Tradebot Systems, Inc. at the Business and Hospitality Career Fair in the K-State Student Union Ballroom on Tuesday.

**Right:** Xiyang Niu, junior in marketing, sits and looks over material in the lobby outside of the K-State Student Union Ballroom where the Business and Hospitality Career Fair was being held on Tuesday.

been to the career fairs. I haven't taken those very seriously, but I'm actually looking for a job now and those helped me get a feel for it," he said.

Career and Employment Services handed out informational packets detailing the type of students each business was looking for. Certain companies are listed as looking for majors in areas such as agriculture, engineering, psychology, history and even open option.

Kunes said even though the company he represents is



looking mainly for management and marketing majors, if they find the right people they will still hire them.

"There's no limit, if we find 10 quality people we'll hire 10, if we find none we'll hire none," Kunes said. "We don't have a quota."

The students need to be willing to be the right fit for a company.

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**110**

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**117**

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**120**

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## New burger joint headed to Aggieville



Workers work on the building beside the new Cozy Inn in Aggieville on Monday afternoon.

**Sam Diederich**  
news editor

The sights and smells of Aggieville can hypnotize students walking down Moro Street. Bike shops, barbecue places and bookstores line one side of the street. Ice cream shops, clothing retailers and restaurants stand on the other side of the pavement. However, bar goers venturing far enough down the street will eventually run into the empty store window of a red and white building front. The vacant space is not the biggest in Aggieville, but that is appropriate consid-

ering the business that will soon occupy its space.

Cozy Inn, a burger restaurant born in Salina, announced last year that it was preparing to start up its first Manhattan location. As the winter weather fades away, the store is getting closer to opening.

"We are thinking the first of April," said Steve Howard, owner of the franchise. "We just ordered the flooring last week, and right now we are waiting on that."

Construction of the building has been in progress for months, but the long wait should be worth it, said Matthew Jackson, employee

at the Salina Cozy Inn.

"It's exciting. We are expecting a lot of college kids," Jackson said. "Also, people that are from Kansas City that don't want to drive all the way to Salina can just drive to Manhattan."

Cozy Inn has become a favorite spot for students and community members alike since opening in Salina in 1922. Known for selling "hamburgers by the sack," the restaurant has been featured by kansastravel.org as one of the states "eight wonders of Kansas cuisine" and by kansasheritage.org as one of the "best hamburgers in the state."

## IMAGE | Struggles relate to illness

**Continued from page 1**

While asking the question, "Do these jeans make my butt look big?" might be too common to red alert an eating disorder, it just may be a symptom of a possible negative body image.

Dianna Schalles, registered dietitian at Lafene Health Center, said warning signs could include anything from excessive concern about weight or shape to excessive exercise. She said "constant 'checking' in the mirror or seeking validation about their bodies

from friends" is a warning sign not to be missed.

Eating disorders are disorders revolved around food and weight. In cases of bulimia and anorexia, it is a disease of self-starvation. According to NEDA, health consequences are critical and could be life-threatening. Some consequences include possible heart failure, severe dehydration, muscle loss, dry skin and thinning hair and reduction of bone density, to name a few.

For people suffering from an eating disorder, there are multiple counseling ser-

vices available whether it's from Lafene Health Center, a physician or group organizations on campus. Catching an eating disorder in the beginning stages could be a critical factor in determining the fate of someone's life.

Body image and weight management are national struggles, and being uncomfortable in one's own skin is more common than one might think.

"It is normal to not feel completely comfortable in your own body," Troutt said. "You are not alone."

*Celebrations!*  
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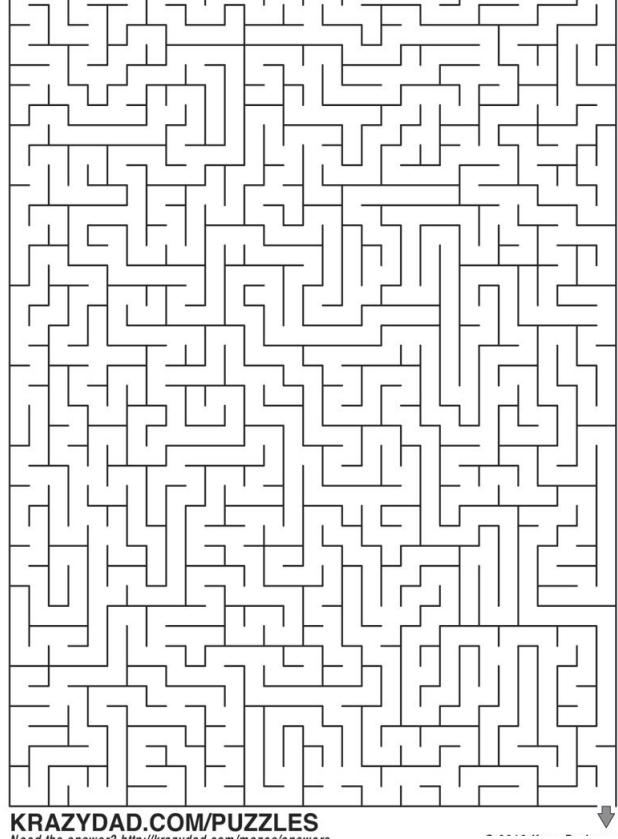
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## ELECTION | Hopefuls have ambition

**Continued from page 1**

not going to work."

Liberty also plans to install a new mail system on campus.

"I will put what is called 'electronic mail' into the interwebs on campus," Liberty said. "It will revolutionize the way we do business."

If elected, Edwards and Liberty will not shy away from reorganizing the structure of the Student Governing Association.

"We want to get rid of SGA completely and replace it with a monarchy that redirects all

the power towards us," Edwards said. "We will be chancellor and vice-chancellor."

Though they have a campaign manager, Edwards and Liberty have been organizing their election strategy on their own.

"We have a campaign manager, but he is completely incompetent," Edwards said. "We have to do everything ourselves. It's been hard."

Running under the slogan, "The law of the land is the law of my hand," Edwards and Liberty said they want to try unique campaign tactics.

"We notice the other campaigns have been using Twitter or Facebook to promote their campaigns. We want to use Xanga because it is American," Edwards said.

Liberty does not promise to solve the problems of the student body if elected.

"We don't care what the student body says," Liberty said. "We are going to do things our own way because we have the power."

Primary elections will be held March 8.

## HUMANE | Society gets by with little

**Continued from page 1**

them in and adopt them out."

Ask one more time about the financial difficulties that can be incurred by an organization serving as a safety net for the city run animal shelter, and Elliott will finally start to talk about the real struggles suffered by the Humane Society.

"We are a non-profit organization. We rely 100 percent on donations. Sometimes funding gets a little low in the year," Elliott said.

She continued to describe her group's money woes.

"We are usually in the hole month by month," Elliott said. "We had to cut back on intakes this past year because of the lack of money. It's a little rough sometimes."

The Humane Society serves as a last resort for abandoned and ownerless animals. The T. Russell Reitz Animal Shelter, a city funded and operated service, provides strays with food and warmth, but not every animal can be given refuge. Those that are turned away from the shelter are given to the Humane Society.

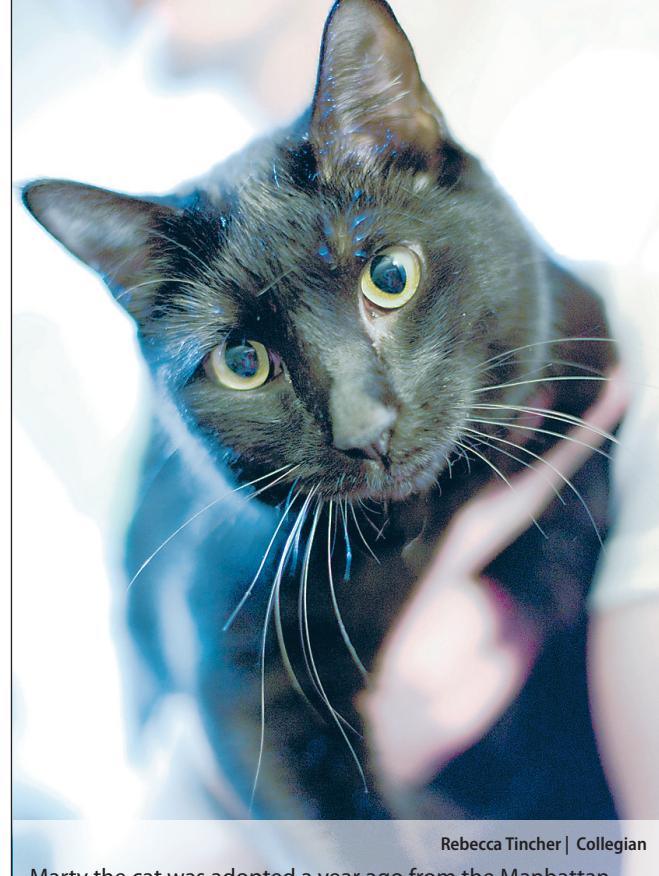
"The shelter does a tremendous amount of work, and they are a benefit to the city of Manhattan, but they have certain limits," Elliott said. "With foster homes, we are able to take in a lot more."

Elliott and her fellow volunteers provide temporary homes for animals turned away from the city's shelter. The Humane Society provides foster homes with money for food, veterinary fees and vaccinations.

"The Humane Society pays for all of that," said Raeannah Good, senior in animal science and former foster home sponsor. "They pay for everything you would need."

The Humane Society is funded entirely by donations. Money they receive is instantly redistributed to foster homes, but that does not pay for all of the expenses incurred by volunteers.

In order to become certified as a legal foster home, volunteers must submit an application to the state government along with a processing fee. They must also pay a membership fee to the Riley County Humane Society. In the end, foster homes pay money to the state government out of their own pocket in order to finance a service that provides assistance to the city run animal shelter. Humane Society re-



Rebecca Tincher | Collegian

Marty the cat was adopted a year ago from the Manhattan Humane Society.

ceives no funding from any level of government.

"It does get frustrating because you don't get that continuous funding to help out the animals," Good said. "We have to work a little harder on fundraising."

The Humane Society provides more than a last resort shelter for forsaken animals.

"We have had cases where a homeless person has an animal and needs help," Elliott said. "We can step in a take care of the pet for a while so that the owner does not have to worry about it."

The Humane Society has also put on educational programs at schools, provided literature and information on rabies and provided temporary homes for pets of families that are undergoing difficult times.

Without any source of consistent funding, the Humane Society is forced to turn toward fundraising events. Most fundraisers are enough to raise a few hundred dollars, but the money does not last long in the face of endless medical expenses, food expenditures and the

constant flow of new animals.

"We always have a problem with the funding," Elliott said. "Any time we have any kind of funding, that goes towards paying bills. We are usually not in the black for very long."

The Humane Society has another benefit approaching after a long winter of turning animals away due to lack of funding.

"We are having our Chili's night out on Thursday. A portion of the proceeds for that night, for every person that goes in with one of our flyers, comes back to us," Elliott said. "It's just a way for the community to give back to the Humane Society."

Whether or not the fundraiser is successful, Elliott said she knows the Humane Society will be in need of resources.

"We are concerned about the community 100 percent," Elliott said. "I think Riley County Humane Society is a big benefit to this area, but we are always going to need volunteers, we are always going to need foster homes and we are always going to need donations."

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